



VA Video Connect: Device Pairing Guide Stethoscope

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VA Video Connect

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1. Overview

VA Video Connect has been designed to be user friendly and can be downloaded for free from the Apple App Store. If you need help with installing the application, connecting with your provider for an appointment, or experience any difficulties or need assistance for any reason call the National Telehealth Technology Help Desk (NTTHD). The National Telehealth Technology Help Desk can be reached 24 hours a day, seven days a week at 866-651-3180 or 703-234-4483.

2. Introduction

Your VA healthcare team may order peripheral devices such as a thermometer, blood pressure monitor, scale, pulse oximeter, or stethoscope for use during your VA Video Connect appointment. These devices will enable you to share data with your healthcare provider during a video chat. When the peripheral devices arrive, please follow the steps below to connect your device with your VA-issued iPad.

Prior to using the digital stethoscope, please inform your clinician if you have a cardiac pacemaker or other electronic implanted devices.



3. Connecting and Using your Stethoscope

1. Locate and click on the VA Video Connect app.

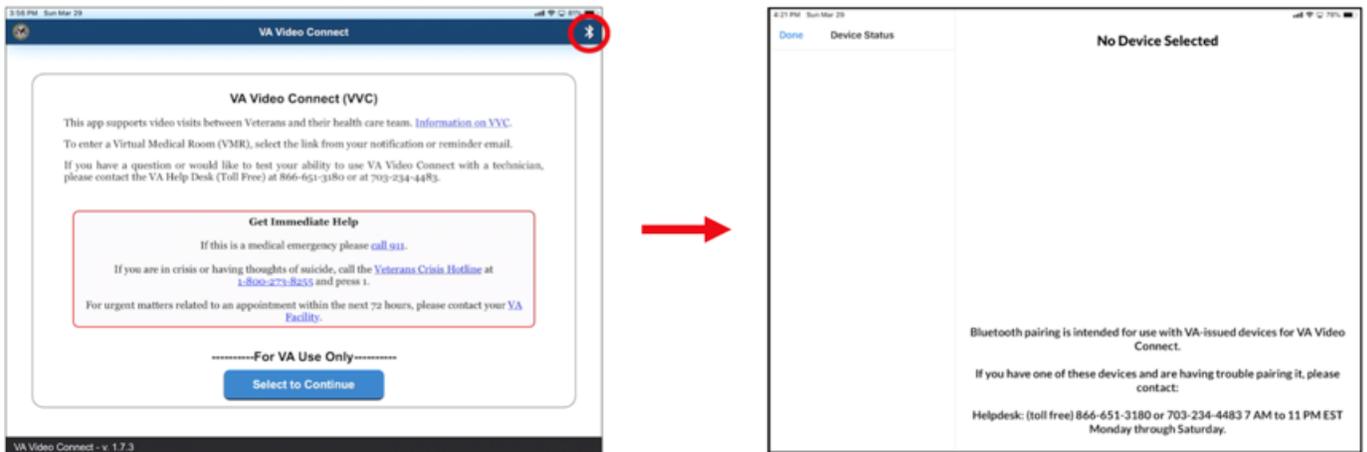
Figure 1. VA Video Connect Icon



Note: If you do not have the VA Video Connect application on your iOS device (or if you have an older version), you can download it from the Apple App Store. Clicking [here](#) will automatically open the VA Video Connect page in the iOS App Store.

2. Click on the Bluetooth icon () to go to the Device Status screen.

Figure 2. Bluetooth Icon and Device Status Screen



3. Locate and turn on the stethoscope by pressing the power button for two seconds.

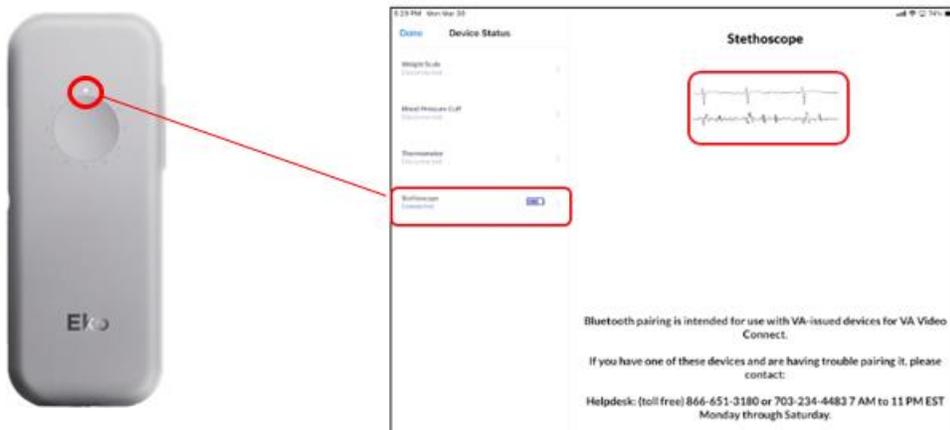
Figure 3. Stethoscope Power Button and EKG Electrodes



Note: EKG Electrodes must be placed against your skin for an EKG reading.

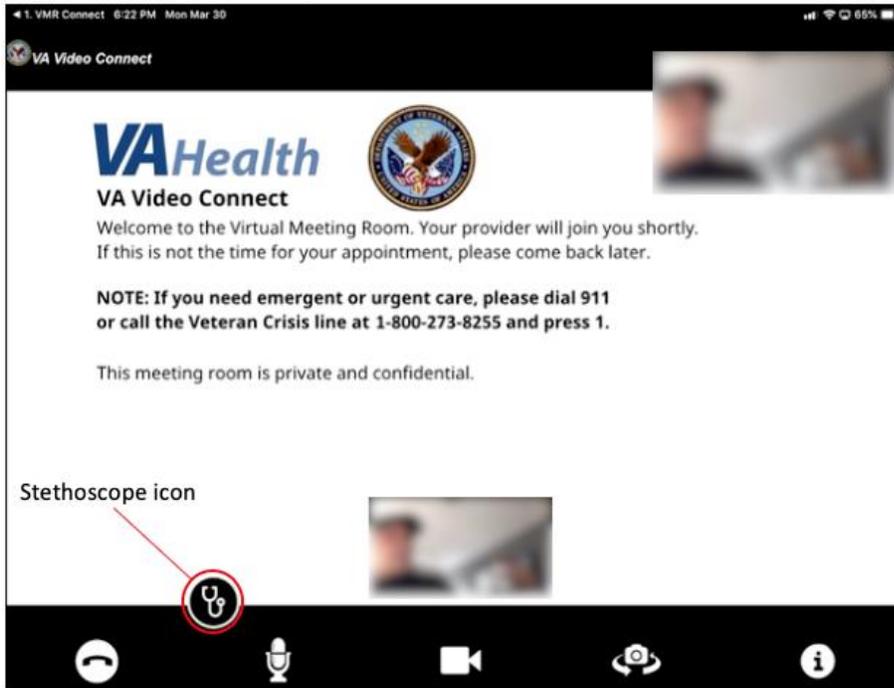
4. The LED light will illuminate and pair with your device.

Figure 4. LED Illumination and Device Pairing



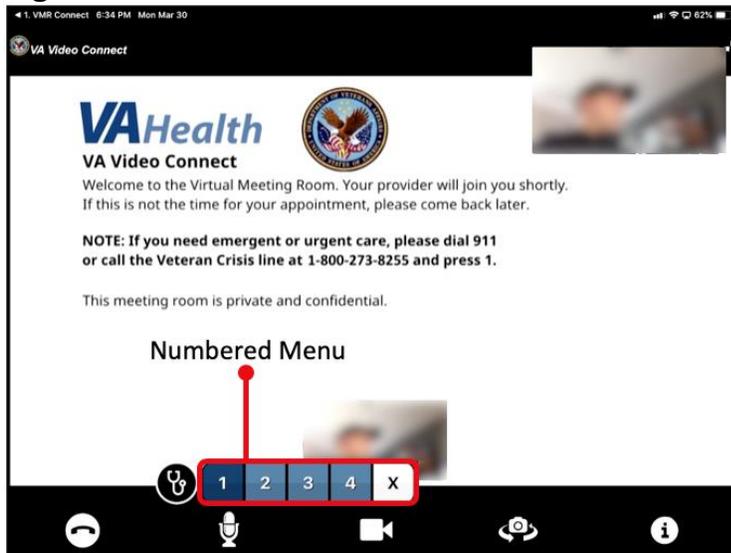
5. The stethoscope is now connected. When you are in a video call and turn on your stethoscope, a small stethoscope icon will appear on the screen. To activate the stethoscope, click on the stethoscope icon ().

Figure 5. Stethoscope Icon



6. Once activated, you will see a numbered menu appear and your VA provider will be able to listen to your heart and lung sounds.

Figure 6. Numbered Menu



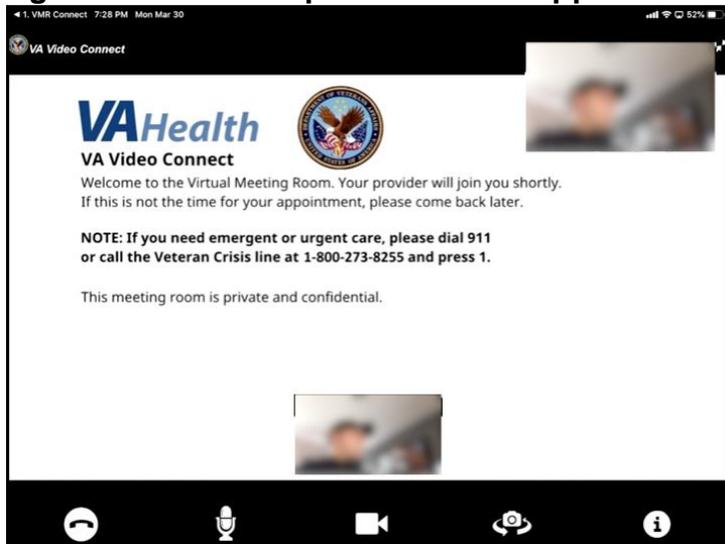
Note: Your VA provider will instruct you on the proper stethoscope placement and which number to select during your video visit. When using the stethoscope, you should place the device against bare skin. Using the stethoscope on top of clothing will decrease the sound quality sent to your VA provider.

Figure 7. Place Stethoscope on Bare Skin



7. To disconnect the stethoscope, press and hold the power button for two seconds. The stethoscope icon will disappear from the screen.

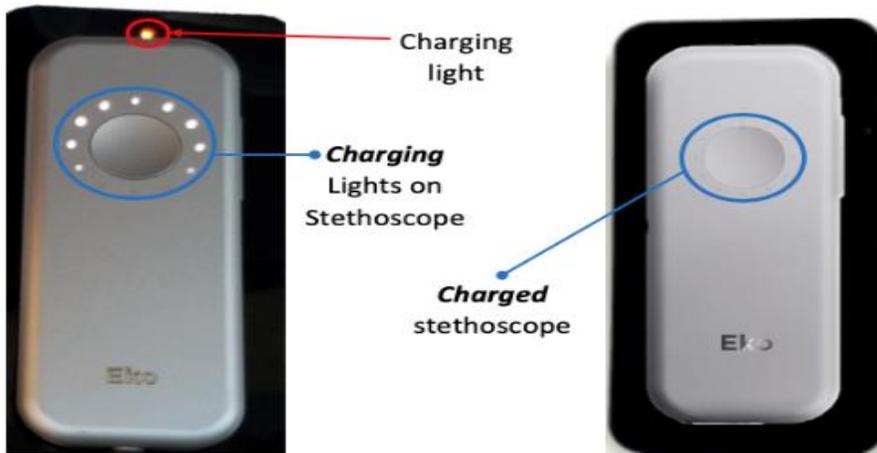
Figure 8. Stethoscope Icon will Disappear



8. If you need to reconnect and activate the stethoscope, repeat Steps 3-7.

9. To charge the stethoscope:
 - Plug the charger into a wall outlet.
 - Set the stethoscope on the charging pad.
 - A red light will appear on the charging pad and the stethoscope lights will illuminate around the power button. Once fully charged, the charging light will turn off.

Figure 9. Charging Indicators



If you are having trouble connecting your device or having other issues with your technology, please contact the National Telehealth Technology Help Desk (NTTHD) at 866-651-3180 and then press 1.