

Office of
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CARE**

 **VA Telehealth**



**VA Video Connect: Device Pairing
Blood Pressure Quick Reference**

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VA Video Connect: Device Pairing Blood Pressure

VA Video Connect is a user-friendly design and is available via a free download from the Apple App Store. For help with the download and installation, connecting with your provider for an appointment, or if you experience difficulties or need other assistance, please refer to the [Issues and Assistance](#) section in this document for support resources.

Introduction

Your VA healthcare team may order peripheral devices such as a thermometer, blood pressure, scale, pulse oximeter, or stethoscope, to use during your VA Video Connect appointment.

These devices enable you to share data with your health care provider during a video chat. When the peripheral devices arrive, please follow these steps to connect your device with your VA-issued iPad.

Device Set-Up

- Install the batteries. The battery compartment is on the backside of the blood pressure machine and requires 4-AA batteries.

Figure 1: VA Video Connect Device Set-Up



- Directions on how to use your blood pressure machine is included with the device.
- See Figure 2 for instructions on how to use the blood pressure cuff.

Figure 2: Instructions: Blood Pressure Cuff



- Additional guidance and instructions, please read the user manual.

Connecting Your Blood Pressure Machine:

1. Locate and tap the VA VideoConnect application

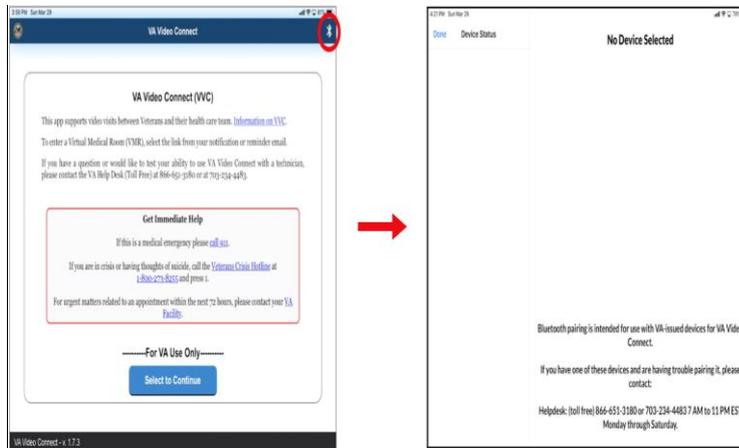
Figure 3: VA VideoConnect Icon



Note: If you do not have the VA Video Connect application on your iOS device (or it is an older version), download the latest version from the Apple App Store. Tap [here](#) to open the VA Video Connect page in the iOS App Store.

2. Tap the Bluetooth icon () to access the **Device Status** screen

Figure 4: Access the Device Status Screen



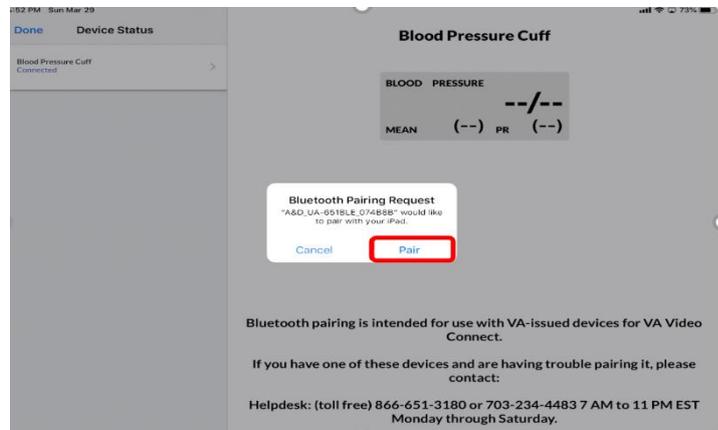
3. Locate your blood pressure machine
4. Press and hold the “Start” button until you see “Pr”

Figure 5: Start Selection to Pair Blood Pressure



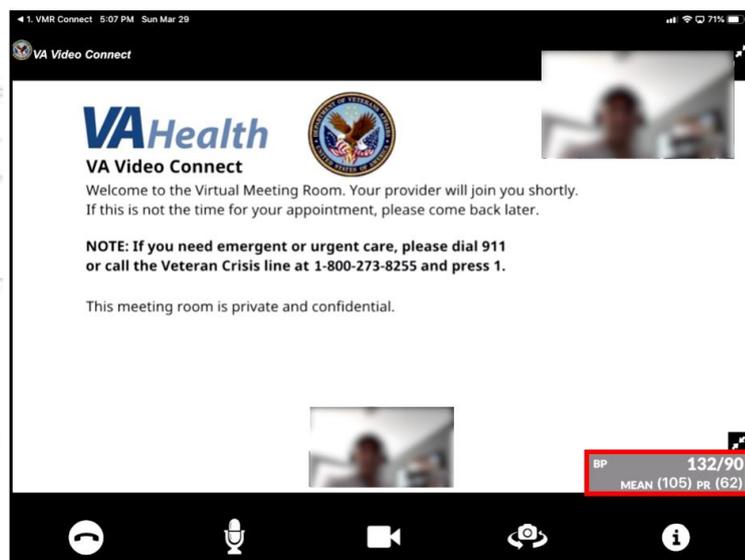
5. A pop-up screen appears
6. Tap **Pair**

Figure 6: Pair the Blood Pressure Device



7. The blood pressure machine is connected
8. When you take your readings during video visits, the results appear on the screen.

Figure 7: VA Video Connect Virtual Meeting Room



Issues and Assistance

If you have trouble connecting your device or experience any other issues with your technology, call the National Telehealth Technology Help Desk (NTTHD) at (866)-651-3180 or (703)-234-4483, 24 hours a day, seven days a week.